Olivias Paradise

Allergen Overview

Transparency matters to us. This overview lists the 14 major allergens subject to mandatory labelling, based on our current knowledge. Our suppliers' recipes may change, so please feel free to ask our staff at the counter any time.

Drinks

Drink / Ingredient	Allergens
Oat milk	Oats
Almond milk	Almonds (tree nuts)
Pea protein milk	None of the 14 major allergens known
Syrup: vanilla, caramel, chocolate, cinnamon	None of the 14 major allergens
Syrup: hazelnut	Tree nuts (hazelnut)
Pumpkin spice syrup (Pumpkin Réal)	None of the 14 major allergens — vegan (sugar, pumpkin purée, glycerine, spices, potassium sorbate)
Chai syrup	None of the 14 major allergens
Matcha	None of the 14 major allergens
Cocoa	None of the 14 major allergens
White chocolate / white cocoa	Soy (lecithin); may contain traces of almonds
Lemonades – pink grapefruit, orange-passion fruit, forest berry, lavender-lemon	May contain traces of soybeans and tree nuts (nuts), sulphites
Lemonade ginger-pear-rosemary	None of the 14 major allergens
Teas (black, green, fruit tea, fresh tea, "Fit in den Tag", "Auszeit")	None of the 14 major allergens
Bionade (lemon, elderflower, peach iced tea)	Barley malt — declared "gluten-free" under EU regulation (gluten content <20 mg/kg)
fritz-kola	Barley malt extract — declared "gluten-free" by the manufacturer
fritz rhubarb spritzer	None of the 14 major allergens
Water, freshly squeezed orange juice	None of the 14 major allergens

Ice Cream

Flavour	Allergens
Vanilla (in the affogato)	Milk (lactose)
Café Crunch	Milk (lactose), almonds, hazelnuts, soy (soy lecithin)
Butter biscuit	Milk (lactose), soy (soy lecithin); may contain traces of nuts (almonds, hazelnuts)
Mango	Soy (soy lecithin) — vegan

Breakfast

Dish / Ingredient	Allergens
Bread roll	None of the 14 major allergens
Filled roll (egg)	Eggs, milk (lactose) — with butter as base
Filled roll (cheese)	Milk (lactose) — incl. cream cheese as base
Filled roll (cold cuts: salami, smoked ham, turkey breast)	Milk (lactose) — incl. cream cheese as base; please also check the ingredient list of the cold cuts (possible additives such as milk protein, soy, starch)
Filled roll (salmon, horseradish)	Fish (salmon), milk (lactose) — incl. cream cheese as base; horseradish contains none of the 14 major allergens
Onion & wild garlic bread	None of the 14 major allergens
Keto bread	Oats, almonds, walnuts, sesame
Carrot bread	Oats, almonds, walnuts, sesame, soy
Country bread	Oats, almonds, hazelnuts, other tree nuts, sesame
Country bread (new recipe)	None of the 14 major allergens
Multigrain bread	Oats, sesame
Sugar-free multigrain bread	Oats, almonds, other tree nuts, sesame
Croissant (gluten-free, lactose-free – margarine-based)	May contain traces of milk, soy, egg
Croissant (butter-based)	Milk (butter); may contain traces of soy, egg
Vanilla biscuit – vegan	None of the 14 major allergens
Almond biscuit	Milk (butter)
Marble biscuit	Milk (butter)
Hazelnut biscuit	Milk (butter), tree nuts (hazelnuts)
Tomato-Parmesan spread	Milk (hard cheese / Parmigiano Reggiano) — naturally lactose-free; made with animal rennet
Rice pudding (almond milk, apple sauce, cherries, sugar, cinnamon)	Almonds (tree nuts)
The Savoury Olivia (egg, cheese, cream cheese, salami, smoked ham, turkey breast)	Eggs, milk; may contain traces of milk protein
The Sweet Olivia (jam, chocolate spread, butter, honey, nut butter)	Milk, tree nuts (cashew, hazelnut, almonds); may contain traces of soy
The Healthy Olivia (yoghurt/coconut yoghurt, honey, fruit, nut butter, granola)	Milk (yoghurt option), tree nuts (cashew, hazelnut, almonds). Depending on granola choice, additionally: cashew-almond granola — tree nuts (almond, cashew) Seeds & grains granola — milk, eggs, almonds, other tree nuts, sesame, soy, lupin

Cakes & Tarts

Dish / Ingredient	Allergens
Spanish almond-orange cake	Almonds (tree nuts), eggs
Eierschecke (traditional Saxon custard cake)	Eggs, milk (lactose)
Chocolate sweet potato cake (vegan)	Soy (lecithin in the chocolate, soy drink)
Courgette-cashew brownie (vegan)	Tree nuts (cashew), soy
Zupfkuchen (chocolate cheesecake)	Eggs, milk (lactose)
New York cheesecake (mango / raspberry / rhubarb-strawberry)	Eggs, milk (lactose)
Tiramisu classic	Eggs, milk (lactose)
Tiramisu lemon	Eggs, milk (lactose)
Crumble cake with custard and plum	Eggs

Macarons — seasonal Varieties

Variety	Allergens
Basic recipe (shell)	Almonds (tree nuts), eggs
Pistachio	Tree nuts (pistachios, almonds, hazelnuts), milk, soy; traces of egg, peanuts possible
Passion fruit	Milk, soy
Dark chocolate-blackcurrant	Milk, soy
Raspberry-mint	Milk, soy

Macarons — Large, Changing Varieties

Variety	Allergens
Vanilla mascarpone/cream cheese, tonka bean-raspberry	Milk (lactose), soy
Earl Grey mascarpone/cream cheese with lemon curd	Milk (lactose), eggs, soy
Blackcurrant cream cheese/mascarpone with blueberries	Milk (lactose), soy

Cake Pops

Variety	Allergens
Milk chocolate (almond-chocolate)	Almonds, eggs, milk, soy
White (vanilla)	Almonds, eggs, milk, soy
Green (pistachio)	Pistachios, eggs, milk, soy; traces of peanuts, almonds, hazelnuts possible
Yellow (lemon)	Almonds, eggs, milk, soy

Mousse Tartlets

Variety	Allergens
Lemon mousse with lemon curd	Almonds, eggs, milk, soy
Passion fruit with raspberry centre	Eggs, milk, soy
Basil mousse with strawberries	Eggs, milk, soy
Peach-yoghurt mousse	Almonds, eggs, milk, soy
Pistachio mousse with raspberry centre	Pistachios, eggs, milk, soy; traces of peanuts, tree nuts possible
Lavender-blackcurrant mousse	Eggs, milk, soy
Espresso-salted caramel brownie tartlet	Almonds, eggs, milk, soy, tree nuts (cashew decoration)

Last updated: September 2026. This allergen information is reviewed and updated regularly. If you have any severe allergies or dietary concerns, please speak directly to a member of our team before placing your order.